

# ZAKIR HUSAIN DELHI COLLEGE

Department of Physical Education & Sports

Welcomes you to Celebrate  
'FIT INDIA MOVEMENT'

From 20th- 30th September 2020

Let's play some sort of Indoor game or just do any  
kind of Physical fitness Activity with our family  
members, anywhere, anytime!

Jo Fit Hai - Wo Hit Hai

Record a video and send us on  
studentsportcouncil.zhdc@gmail.com

For any query  
Ghazala - 9958072870  
Ashna- 9958549540



Zakir Husain Delhi college  
(University Of Delhi)

Department of Physical Education and Sports  
Is Organising  
A webinar  
on



**"CAREER IN PHYSICAL EDUCATION AND SPORTS"**



**Dr. Ajit Kumar Nair**  
Assistant Professor  
Amity School Of Physical Education and  
Sports.

**Date : 13th March**

**Time : 3:00 Pm**

**Platform : Online via  
Google meet**

**Link : <https://meet.google.com/rij-crtw-upd>**

**Dr. Masroor Ahmad Beg**  
(Officiating Principal)

**Dr. Mukesh jain**  
Convenor, Sports Advisory  
Board

**Dr. Sayema Ahmed**  
(Assistant Professor)  
Department Of Physical  
Education and Sports.



# Zakir Husain Delhi College (University of Delhi)

Department of Physical Education & Sports

**Presents**

**A Webinar on**

## **'First Aid'**



### **Dr. Saumya Vig (PT)**

Senior Physiotherapist, Department of Physiotherapy and Rehabilitation Medicine, Max Hospital, Saket.

With an experience of 8 years in the field of physiotherapy, Dr. Saumya has her expertise in sports injuries and musculoskeletal rehabilitation.

**27th March 2021**

**2:00 PM**

**Online platform Google  
Meet:**

**<https://meet.google.com/pnc-wgfe-sfx>**

Prof. Dr. Masroor Ahmad Beg  
(Officiating Principal)

Dr. Sayema Ahmed  
Assistant Professor  
Department of Physical Education

Dr. Mukesh Jain  
Convenor, Sports Committee



# Zakir Husain Delhi College (University of Delhi)

Department of Physical Education & Sports

Presents

A Webinar on

## Study Abroad!



Speaker: Ms. Rekha Kharbanda  
Founder, P3 Education Consultant

**16th March 2021**  
**3:00 PM**  
**Online Platform-**  
**Google Meet**

Google Meet Link: [https://meet.google.com/dbf-amfc-  
rau](https://meet.google.com/dbf-amfc-rau)

Prof. Dr. Masroor Ahmad Beg  
(Officiating Principal)

Dr. Sayema Ahmed  
Assistant Professor  
Department of Physical Education

Dr. Mukesh Jain  
Convenor, Sports Committee